

I.V. SEDATION INSTRUCTIONS

Patient Name: _____

Surgery Date and Time: _____

Pre-Anesthesia:

- 1) Do not EAT or DRINK anything after 12:00 Midnight of the night before the surgical procedure. If you are scheduled for late morning or afternoon, you may have a Light breakfast 6 hours before your procedure and CLEAR liquids up to 4 hours before your scheduled operation.
- 2) If you take prescribed medications regularly, take them as scheduled, with only SIPS of water.
- 3) Arrange for someone to drive you home.
- 4) Wear comfortable clothing that is loose and non binding. Bring a container for contacts or glasses as these cannot be worn during the procedure.
- 5) It is strongly recommended that you **do not smoke** 24 hours before surgery.

Post-Anesthesia:

- 1) **Do not** drink any alcoholic beverages for 24 hours after sedation.
- 2) **Do not** take any medication not specifically prescribed without consulting with your doctor.
- 3) **Do not** drive a car or operate heavy machinery for at least 24 hours.
- 4) If the intravenous site becomes red or sore, a moist hot pack will help this subside in a short period of time.
- 5) You may remain sleepy or groggy for up to 24 hours after your sedation. It is important to use caution when performing any activity.
- 6) Someone must remain with you for the rest of the day following surgery with sedation.
- 7) We recommend **no smoking** for 48 hours post-operatively.

If you have any questions regarding your sedation, please contact us during office hours at (503) 620-2807, or after hours call Dr. McAllister's cell phone at (503) 705-9241 or Dr. Eshraghi's cell phone at (503) 799-5383.

I acknowledge that I have read and understand the above instructions and will arrange for a responsible adult to drive me home and remain with me the rest of the day.

Signature

Date